



Talking Points for HD

You may be feeling embarrassed about talking to someone else about HD (hemorrhoidal disease) symptoms. Please know that you are not alone: millions of Americans suffer with HD symptoms, and many suffer in silence.

Explain to your doctor that you find it awkward to discuss this health condition, but would like them to be aware of your symptoms (check all that apply):

- Anal itching
- Pain with bowel movements
- Pain between bowel movements
- Rectal Bleeding
 - Spotting on toilet tissue
 - Blood in toilet bowl
 - Blood in stool
- Constipation (Frequency?)
- Diarrhea (Frequency?)
- Cycles of Constipation and Diarrhea
- Soilage (Blood or bowel movements)
- I can feel a bulge in/around anus:
 - Bulge reduces at will
 - Bulge reduces if pressed on
 - Unable to reduce bulge
- Other: _____

Prior Treatment: Have you already tried to relieve symptoms?

- Over-the-counter medication:

- Medical:

- Surgical:

Occupation/Medical Illnesses: Do you sit or strain at work (i.e., weightlifting)? Do you have any health conditions the doctor should be aware of?

- Occupation AND how long you sit or strain each day:

- Current Medications

- Medical Allergies:

Treatment Options:

- The Ultroid® System: painless, convenient, non-surgical HD treatment performed in a doctor’s office.
- Other